

# FALL POOL SCHEDULE

# November 1-November 7

Revised 10-27-21

DAY	LAP POOL (#) equals lanes used for programs All 9 lanes open during non-program time	SHALLOW END (*) equals 1/2 pool closed (**) equals entire pool closed	THERAPY POOL (*) equals 1/2 pool closed (**) equals entire pool closed (adults only: M-F 5:30am-2:00pm, S&S 7:00am-12:00pm)	DIVE WELL (*) equals 1/2 pool closed (**) equals entire pool closed
<b>MONDAY</b>	5:45am – 7:00am Masters Swim (5) 12:00pm – 1:15pm Intro to Masters Swim (4) 3:00pm – 4:30pm HS Coached Workout (4) 5:00pm – 5:45pm Junior Otters (5) 5:45pm – 7:30pm Otters (5)	9:00am – 9:50am Shallow Water** 11:00am – 11:50am Shallow Water** 4:30pm – 5:00pm Private Swim Lesson* 5:30pm – 6:00pm Level 1 & 2 Swim Lesson*	12:00pm – 12:45pm Arthritis** 4:00pm – 4:30pm Preschool 1* 4:30pm – 5:00pm Preschool 2* 5:00pm – 5:30pm Preschool 3*	7:00am – 7:50am Deep Water Workout** 10:00am – 10:50am Deep Core Challenge** 5:30pm – 7:00pm Boston Area Diving**
<b>TUESDAY</b>	9:30am – 10:45am Masters Swim (4) 12:00pm – 1:15pm Masters Swim (4) 3:00pm – 4:30pm HS Coached Workout (4) 5:00pm – 7:30pm Otters (5)	10:00am – 10:50am Shallow Water**	11:00am – 11:45am Arthritis** 1:00pm – 1:30pm Private Swim Lesson* 1:30pm – 2:00pm Private Swim Lesson* 2:30pm – 3:00pm Private Swim Lesson*	9:00am – 9:50am Deep Water Workout** 5:30pm – 7:00pm Boston Area Diving** 7:00pm – 8:00pm Tracey Bird Diving*
<b>WEDNESDAY</b>	5:45am – 7:00am Masters Swim (5) 12:00pm – 1:15pm Intro to Masters Swim (4) 3:00pm – 4:30pm HS Coached Workout (4) 5:00pm – 5:45pm Junior Otters (5) 5:45pm – 7:30pm Otters (5)	10:00am – 10:50am Shallow Water** 4:00pm – 4:30pm Private Swim Lesson* 4:30pm – 5:00pm Private Swim Lesson* 5:00pm – 5:30pm Private Swim Lesson*	9:30am – 10:00am Preschool 2* 10:00am – 10:30am Parent/Child** 10:30am – 11:00am Preschool 1* 11:15am – 12:00pm Arthritis** 2:00pm – 2:30pm Private Swim Lesson* 5:30pm – 6:00pm Private Swim Lesson*	7:00am – 7:50am Deep Water Workout** 9:00am – 9:50am Deep Core Challenge** 5:00pm – 6:30pm Boston Area Diving** 6:40pm – 7:30pm Deep Water Workout**
<b>THURSDAY</b>	9:30am – 10:45am Masters Swim (4) 12:00pm – 1:15pm Masters Swim (4) 2:00pm – 2:30pm Private Swim Lesson (1) 3:00pm – 4:30pm HS Coached Workout (4) 5:00pm – 7:30pm Otters (5)	8:00am – 8:45am CCHS LG Course 10:00am – 10:50am Shallow Water**	10:00am – 11:00am LABBB** 11:15am – 12:00pm Arthritis** 12:15pm – 1:00pm Ai Chi** 1:30pm – 2:00pm Private Swim Lesson* 2:30pm – 3:00pm Private Swim Lesson* 3:00pm – 3:30pm Private Swim Lesson*	10:10am – 10:50am CCHS LG Course 5:30pm – 7:00pm Boston Area Diving** 7:00pm – 8:00pm Tracey Bird Diving*
<b>FRIDAY</b>	5:45am – 7:00am Masters Swim (5) 3:00pm – 4:30pm HS Coached Workout (4) 5:00pm – 5:30pm Level 4 Swim Lesson (1) 5:00pm – 7:30pm Otters (5)	8:00am – 8:45am CCHS LG Course 10:00am – 10:50am Shallow Water** 1:45pm – 2:25pm CCHS LG Course 4:00pm – 4:30pm Level 1 & 2 Swim Lesson* 4:30pm – 5:00pm Level 3 Swim Lesson* 5:30pm – 6:00pm Level 1 & 2 Swim Lesson*	9:00am – 9:30am Parent/Child** 9:30am – 10:00am Preschool 1* 10:00am – 10:30am Preschool 2* 10:30am – 11:00am Preschool 3* 11:00am – 11:30am Parent/Child** 11:30am – 12:00pm Preschool 1* 1:00pm – 1:30pm Preschool 1* 1:30pm – 2:00pm Preschool 2*	7:00am – 7:50am Deep Water Workout** 9:00am – 9:50am Deep Water Workout** 5:30pm – 7:00pm Boston Area Diving**
<b>SATURDAY</b>	9:00am – 9:30am Level 4 Swim Lesson (1) 9:30am – 10:00am Level 5 & 6 Swim Lesson (1)	8:30am – 9:00am Level 3 Swim Lesson* 10:00am – 10:30am Level 1 & 2 Swim Lesson*	9:00am – 9:30am Parent/Child** 9:30am – 10:00am Parent/Child** 10:30am – 11:00am Preschool 1* 11:30am – 12:00pm Private Swim Lesson* 12:00pm – 12:30pm Private Swim Lesson* 12:30pm – 1:00pm Private Swim Lesson*	8:30am – 10:15am Boston Area Diving** 10:30am – 11:15am Beginner Diving** 11:30am – 12:15pm Inter. Diving**
<b>SUNDAY</b>	7:00am – 1:00pm Masters Mini Meet** 1:00 – 1:45pm Adaptive Beginner (3) 2:00pm – 2:45pm Concord Challengers (3) 3:00pm – 5:00pm Otters (5)	7:00am – 1:00pm Masters Mini Meet** 1:00 – 1:45pm Adaptive Beginner *	7:00am – 1:00pm Masters Mini Meet** 1:00 – 1:45pm Adaptive Beginner *	7:00am – 1:00pm Masters Mini Meet**

## POOL INFORMATION

### GENERAL FACILITY HOURS

Monday-Friday 5:30am-9:00pm  
Saturday-Sunday 7:00am-6:00pm

### POOL CLOSING TIMES

Dive Well closes 30 minutes prior to facility closing.  
Lap Pool, Therapy Pool & Children's Pool close 15 minutes prior to facility closing.

### LAP POOL

The # in parenthesis indicates the number of lanes used for programming.  
Please split lanes in half when sharing.

### SHALLOW END

The Shallow End of the lap pool is open for general use at all times, however, ½ or portions of the Shallow End are reserved for programs/classes during the times listed.

### THERAPY POOL

The Therapy Pool is closed during the listed programming times.  
½ the pool is available during times denoted by an asterisk (\*).  
Adults only: M-F 5:30am-2:00pm, S & S 7:00am-12:00pm

### DIVE WELL

The Dive Well is closed for member use during the times listed below.

### CHILDREN'S POOL

The Children's Pool is open to all. Features will be turned on at request of participant. During Water Fitness classes in therapy pool the features will remain off. Play features are turned off 30 minutes prior to building closing time. Children must be accompanied/supervised by an adult, that is in the water at all times.

## CONTACT INFORMATION

Beede Swim and Fitness Center  
498 Walden Street Concord, MA 01742  
978-287-1000  
[WWW.BEEDECENTER.COM](http://WWW.BEEDECENTER.COM)

## EXTRA GROUPS

### DIAMOND PHYSICAL THERAPY

- Laura Diamond, MS, PT and Megan Gray, DPT
- Individual clients • all pools • M-F 9:00am-6:00pm, Sun 8:00am-2:00pm

### OTTERS SWIM MEETS (All pools close at 3:00pm for the remainder of the night)

- October 24 • Sunday • 3:00pm-6:00pm
- December 11 • Saturday • 3:00pm-6:00pm
- December 18 or 19 • TBA • 3:00pm-6:00pm
- January 23 • Sunday • 3:00pm-6:00pm
- February 5 • Saturday • 3:00pm-6:00pm
- February 26 • Saturday • 3:00pm-6:00pm

### MASTERS MINI MEET (All pools closed during this event)

- November 7 • Sunday • 7:00am-1:00pm

### BEEDE AND BOOKS

- November 19 • Friday • 11:30am-12:30pm • Fitness Studio/Childrens Play Pool
- December 17 • Friday • 11:30am-12:30pm • Fitness Studio/Childrens Play Pool

## PROGRAM INFORMATION

### REGISTRATION

Registration for Water Fitness/Masters classes is still open and will be pro-rated.

### REGISTRATION POLICY

Registration are processed on a first come first served basis. In order to receive member pricing, the individual participating must be a member at the time of registration.

### CANCELLATION/REFUND POLICY

- A \$25.00 cancellation fee will be applied to all programs that are canceled after registration.
- There are no refunds after the first week of a program.
- Fees may be waived with a doctor's note which must be submitted to the Beede Center before the session ends.
- The Beede Center reserves the right to make schedule changes to better serve our participants or to cancel/combine instructional classes and programs due to low enrollment.

### A CREDIT/REFUND WILL BE ISSUED UNDER THE PROGRAM PARTICIPANT'S NAME IF THE FACILITY MUST CANCEL A CLASS DUE TO THE FOLLOWING:

1. Mechanical issues
2. Fire Evacuation

### NO CREDITS OR MAKEUPS WILL BE ISSUED FOR CIRCUMSTANCES WHICH ARE BEYOND THE CONTROL OF CONCORD RECREATION INCLUDING:

1. Missed classes due to illness or vacation or if you should choose not to attend
2. Poor weather that impacts facility operation
3. Power outages
4. No water supply

### FEES

- Fees will only be prorated for all remaining weeks when a participant joins a class already happening.
- Pro-rated fees will not apply to a person who plans to miss classes' mid-session.

### WEATHER RELATED CANCELLATIONS AND DELAYS

- Weather related cancellations and delays are at the discretion of the Beede Center
- management
- Town of Concord/Concord School statuses are used to assist in the decision process, but are not the only factor
- Beede Center programs (Group Exercise & Aquatics) will operate when the Beede Center is open

### DROP-IN WATER FITNESS CLASSES

- Only Water Fitness classes permit drop-in's
- Rate is \$20 per class
- Waiver required to be signed at front desk

### CLASS MAKEUPS

- Classes will be made-up only when an instructor or substitute is unavailable to teach