

Dear Recreation & Beede Center Families,

Following the guidelines set by Governor Baker and the Town Managers office, Concord Recreation will suspend all programs until at least May 4th. The Beede Center will be closed until further notice, and The Concord Visitor's Center will be closed until further notice. Information regarding specific programming will be communicated to registered participants by email, if you have questions for the Department please email us Concordrec@concordma.gov

Please continue to follow the Town of Concord website for the Town's most recent updates to COVID 19
<https://concordma.gov/2561/Coronavirus-2019-COVID19>

The Concord Recreation team continues to be focused on providing our mission (Supporting and promoting community through wellness and play) through these trying times. We encourage you to get regular physical activity as it is one of the most important things you can do for your health (CDC). Spending time outdoors, especially in green spaces, is one of the fastest ways to improve your health and happiness (Time Magazine) and Concord has many great resources to do so. Reminder that while Concord's playgrounds and play structures will be closed until further notice and Athletic fields are closed to group gatherings and sporting activities/events. Town parks will remain open and residents are encouraged to continue using public, open spaces with their facilities while practicing the CDC guidelines for social distancing and hygiene. In addition to our Public Parks, Concord has a fantastic trail system, for maps of hiking trails in Concord <https://concordma.gov/734/Trail-Maps-Guides>

Additional Resources to stay active as a family

Virtual Activities and Learning Opportunities From Concord Public Schools

We posted all of the supplemental educational resources (with the correct links!) on the web page: <https://www.concordps.org/virtual-school-activities/>

Among the many options, there are many opportunities to visit museums, etc. virtually. My personal favorite is The Cincinnati Zoo's Home Safari Facebook Live broadcast at 3 pm daily.

Resources for Children (and adults!)

From the Boston Society of Landscape Architects – some on-line resources for kids of all ages.

WORKING PARENTS + KIDS OF ALL AGES: K-12 ACTIVITIES

Author and illustrator (& Western Mass resident) Mo Willems is posting daily interactive video sessions: Lunch Doodles with Mo

The Boston Children's Museum is offering at-home activities, while the New England Aquarium is posting daily virtual visits to this watery world.

WBUR: Entertaining Your Kids at Home While Social Distancing, including links to more activity suggestions.

ASLA Discover Landscape Architecture Activity Books for kids and for teens, in English and in Spanish, are available for free download.

Green Trees and Sam, by Shannon Gapp, can be read online for free.

For older kids (& grownups!), the Cooper-Hewitt offers videos of interviews with designers in every field — landscape architects and a whole lot more — as well as public programs and behind-the-scenes stories, while their video-based Design Dictionary provides an insider's view of different creative techniques. One can also explore the collection.

Your Concord Recreation/Beede Center staff miss you, our Community, and can't wait to have you back playing and getting well together.