

FALL POOL SCHEDULE

September 10, 2018 - January 6, 2019

All pools close Mon - Fri at 8:45pm and Sat - Sun at 5:45pm unless otherwise noted

**BEEDE
CENTER**
swim + fitness

DAY	LAP POOL (#) equals lanes used for programs All 8 lanes open during non-program time	SHALLOW END	THERAPY POOL (*) equals 1/2 pool closed (**) equals entire pool closed	DIVE WELL Dive Well closes at 8:30pm Mon-Fri and 5:30pm Sat & Sun
MONDAY	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(4) 5:00pm – 6:00pm Pre Otters(2) 5:00pm – 6:00pm Otters School (1)	11:00am – 12:00pm Rock 'N Roll 4:30pm - 5:00pm Level 1&2 Swim Lesson 5:00pm - 5:30 pm Level 3 Swim Lessons	10:00am - 10:30am Parent/Child* 2:15pm – 3:00pm Arthritis**	7:00am-8:00am Deep Water 10:00am-11:00am CCHS Lifeguard 1:15pm – 2:00pm Deep Water Interval 5:30pm - 7:00pm Boston Area Diving
TUESDAY	9:30am - 10:45am Masters Swim (4) 12:00pm – 1:15pm Masters Swim (4) 1:30pm - 2:15pm Level 4 Swim Lessons (1) 3:00pm - 4:30pm HS Preseason(2) 5:00pm – 6:00pm Otters School (1) 7:00pm - 7:45pm Adaptive Aquatics (1) 7:00pm – 8:15pm Masters Swim (4)	12:00pm – 1:00pm Shallow Water Workout 4:00pm – 4:30pm Level 1&2 Swim Lesson	8:00am – 9:00am Ai Chi** 1:15pm – 2:00pm Arthritis** 4:30pm - 5:00pm Preschool 2* 5:00pm - 5:30pm Preschool 3*	9:15 am– 10:00am Deep Water Interval 8:00am-8:50am CCHS Lifeguard 10:10am - 11:00am CCHS Lifeguard 5:00pm - 6:30pm Boston Area Diving 6:30pm – 7:30pm Deep Water
WEDNESDAY	5:45am – 7:00am Master Swim (5) 12:00pm – 1:15pm Intro to Masters(4) 3:00pm - 4:30pm HS Preseason(2) 5:00pm – 6:00pm Otters School (1) 5:00pm – 6:00pm Pre Otters(2)	9:00am – 10:00am Shallow Water Workout 4:00pm-4:30pm Level 1 & 2 Swim Lessons 4:30pm-5:00pm Level 3 Swim Lessons	8:00am – 8:45am Ai Chi** 11:30am – 12:15pm Arthritis** 1:15pm - 2:15pm Stay and Swim 3:30 - 4:00pm Preschool 1*	7:00am – 8:00am Deep Water 10:15am–11:00am Deep Water Interval 5:30pm - 7:00pm Boston Area Diving
THURSDAY	9:30am - 10:45am Masters Swim (4) 12:00pm – 1:15pm Masters Swim (4) 3:00pm - 4:30pm HS Preseason(2) 5:00pm – 6:00pm Otters School (1) 5:00pm – 5:45pm Level 5 & 6 Swim Lessons (1) 7:00pm - 7:45pm Adaptive Aquatics (1) 7:00pm – 8:15pm Masters Swim (4)	9:30am -10:30am Shallow Water Workout	11:00am - 11:30am Parent/Child* 1:15pm – 2:00pm Arthritis** 2:15pm - 3:00pm Py Yo Chi** 3:30pm - 4:00pm Preshool 1*	8:00am-11:00am CCHS Lifeguard 5:30pm - 7:00pm Boston Area Diving 7:00pm – 8:00pm Deep Water
FRIDAY	5:45am – 7:00am Master Swim (5) 3:00pm - 4:30pm HS Preseason(2) 5:00pm – 6:00pm Otters School	4:30pm - 5:00pm Level 1 & 2 Swim Lesson	10:15am – 11:00am Arthritis** 11:00pm-11:30pm Preschool 2*	7:00 – 7:45am Boot Camp 9:00am – 10:00am Deep Water 5:30pm - 7:00pm Boston Area Diving
SATURDAY	10:30am – 11:15am Level 4 Swim Lessons (2) 11:30am - 12:15am Level 5&6 Swim Lessons (2)	9:30am - 10:00am Level 1 & 2 Swim Lesson 10:00am – 10:30am Level 3 Swim Lesson 12:30pm – 1:00pm Level 3 Swim Lesson	9:00am - 9:30am Parent/Child* 9:00am - 9:30am Preschool 3* 9:30am - 10:00am Preschool 1* 10:45am 11:15am Parent/Child*	9:00am - 10:30am Boston Area Diving 10:30am – 11:15am Beginner Diving 11:15am -12:00pm Inter. Diving
SUNDAY	12:30pm - 1:00pm Adaptive Aquatics (2) 1:00pm - 1:30pm Adaptive Aquatics (2) 1:30pm - 2:00pm Concord Challengers (4) 2:00pm - 2:30pm Concord Challengers (4)			9:30am – 10:15am Boot Camp

Please see reverse for more details. Schedule is subject to change.

Revised 9-20-18

Lap Pool

The # in parenthesis indicates the number of lanes used for programming. Please circle swim if more than 2 people are in a lane.

Shallow End

The shallow end of the lap pool is open for general use at all times, however, ½ or portions of the shallow end are reserved for programs/classes during the times listed.

Therapy Pool

The therapy pool is closed during the listed times for programs/classes. ½ the pool is available during times denoted by an asterisk (*).

Dive Well

The dive well is closed for member use during the times listed below. Dive well closes ½ hour before closing.

Kiddie Pool

The kiddie pool features will be turned on Mon – Fri at 9:30am and then turned off from 12:30pm – 2:30pm, Saturday/Sunday from 7am - 11am and during times with a double asterisk (**) under the therapy pool times. The kiddie pool is turned off ½ hour before closing. Children must be accompanied/supervised by a parent at all times.

Other Notes:

- **Pre Otters**-September 10- November 14
- **Otters School**-September 10-September 21
- **High School Preseason**-September 11-November 16
- **CCHS Lifeguard Course**-Lap Lane (2) September 6: 8am-11am, September 10: 10:10am-11:00am, September 11 8:00am-8:50am, 10:10am-11:00am
- **Water Polo**- September 25, October 30, November 27, December 18
- **Stay and Swim**-October 10 - December 12, January 9-March 20, April 3-June 12

Fall Registration:

8/27/18	Fall only Aquatic Program Registration: open to Members and Summer Participants
9/3/18	Fall only Aquatic Program Registration: open to all
9/9/18	Deadline to register for Fall Aquatic Programs